

Central Zone Open Water Qualifying Cuts

ELIGIBILITY: Membership: All athletes must be regular (not seasonal) USA Swimming members with the LSC they represent.

Swimmer's Age: Age of swimmer on day of competition shall be the age for competition.

Qualifying Time/Eligibility: Qualification times shall be the National A time in the following: Open 5K:

Minimum 15-16 "A" Time in 400/500, 800/1000 or 1500/1650 Freestyle

13-14 2.5K: Minimum 13-14 "A" Time in 400/500, 800/1000 or 1500/1650 Freestyle

11-12 2.5K: Minimum 11-12 "A" Time in 200, 400/500, 800/1000, or 1500/1650 Freestyle 10&Under 1.25K:

Minimum 10&Under "A" Time in 200 or 400/500 Freestyle